

Neurology, Government and Politics: Play to Win

What You Can Do Today

Contact your Federal, State and Local Legislators and Introduce Yourself

- ♦ Go to the AAN web site and look up your legislators or call the U.S. Capitol Switchboard at (202) 224-3121 and ask for your Senator and/or Representative's office.
- ♦ Schedule a personal visit, telephone call or write a letter introducing yourself and outlining your concerns.

Inform Your Community about Health Care Advocacy Issues

- ♦ Include health care policy developments in newsletters or other publications distributed throughout the community.
- ♦ Talk to your neighbors and friends.
- ♦ Sponsor a town hall meeting on health care issues.

Collaborate With Others Who Feel Passionate about Issues the Way You Do

- ♦ Join a group in your community working on health care issues.
- ♦ Join your state or local neurological society, and volunteer to chair an advocacy committee.
- ♦ Become active in your county or state medical society's advocacy initiatives.

Participate in Legislative Hearings

- ♦ Contact your State and Federal elected officials and notify them of your field of expertise and tell them you are interested in testifying at a hearing.



Sample Neurologist Letter to State Legislator

This is an example of a short introductory letter designed to make your state legislators aware that you can be an asset to them when they are considering health care issues. Feel free to expand and add as needed for more impact.

Date

The Honorable Chris Smith
Address
City, State, Zip

Dear Representative Smith:

My name is XXXX and I am a neurologist and constituent of yours in district XX.

As a physician I have great insight into issues regarding health care in your district and our state. I am particularly knowledgeable about and interested in [insert issues].

I would like to serve as a resource as you consider health care issues in the state legislature. If I can ever be of any assistance to you, please do not hesitate to contact me at [email address], or [phone number].

Sincerely,

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